



# COURSE OUTLINE

**Please save a copy onto your computer before filling in the form**

**Course Name:** Anatomy & Physiology

**Department Head/Coordinator:** Julie Wright

**Effective Date:** September 2012

School or Centre:	Department:
School of Music and Dance	Hair Design and Esthetics

Course History:	Year of Study:
Revised Course	1st Year Post-secondary

**Name of Replacing Course (if applicable):** ESTH 1166 Anatomy and Physiology

**Course Number:** ESTH 1110  
**Number of Credits:** 3

**Course Pre-requisites (if applicable):**

Successful completion of ESTH 1100

**Course Co-requisites (if applicable):**

**PLAR (Prior Learning Assessment & Recognition)**

No  Yes (details below):

**Course Description:**

This course introduces students to all aspects of physiology and anatomy and related processes and systems of the body. Additionally, students gain full understanding of chemistry and nutrition relating to skin and body therapy.

**Note to instructors:** An instructional strategy is an approach that an instructor uses to achieve the learning outcomes (e.g., lecture, case study, video, group work).

### **Instructional Strategies:**

Instructional strategies include lecture, demonstration, video presentation, assignments, group work, individual work and theoretical assessments.

### **Course Learning Outcomes:**

Upon successful completion of this course the student will be able to:

- Describe physiology related to skin and body therapy processes
- Define the systems of the body
- Define chemistry and its' branches as related to cosmetics
- Describe nutrition and its' importance to skin and body therapies

### **Program Learning Outcomes:**

Upon successful completion of the Skin and Body Therapy (Esthetics) Certificate students will be able to:

- Practice skin and body therapies in accordance with safety, hygiene, and sanitation standards and regulations.
- Describe human anatomy, physiology and chemical composition specific to concerns relating to nail, skin, body, and hair removal treatments.
- Perform spa treatments based on client consultation, skin analysis and nutritional needs.
- Apply the principles of colour and design to lash, brow and specialized makeup techniques.

**Evaluation/Grading System** *(Click on drop down box arrows to see list of options)*

Grading System	Specify if 'Other':	Specify Passing Grade:
Letter Grades		C

**Components and Weighting of the Assessment/Evaluation Plan:** *(Click on drop down box arrows to see list of options)*

Type	Percentage	Evaluation Plan (provide a brief explanation for each component especially if value exceeds 35%):
Assignments	35	
Exam	35	
Participation	30	
-		
-		
	<b>Total</b>	<b>100</b>

**Learning Environment/Type** *(Select all that are used within the course)*

Instruction Type	Hours Per Instruction Type	Comments
K - Shop/Teaching Kitchen	45	
L - Classroom	45	
-		
<b>Enter Total Hours</b>	<b>90</b>	

**Resource Material(s):**

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

## Course Topics and Sequence Covered:

- Topic 1.0 The Skin (functions and structure)
- Topic 2.0 The Hair
- Topic 3.0 The Nails
- Topic 4.0 The Nervous System
- Topic 5.0 The Muscular System
- Topic 6.0 The Bones
- Topic 7.0 The Circulatory System
- Topic 8.0 The Lymphatic System
- Topic 9.0 Chemistry
- Topic 10.0 Nutrition

## VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at:

<http://www.vcc.ca/about-vcc/policies/index.cfm>

To find out how this course transfers, visit the BC Transfer Guide at [www.bctransferguide.ca](http://www.bctransferguide.ca).

### FOR COMMITTEE USE ONLY

Date Approved by Education Council:		Date Approved by VCC Board (if applicable):	
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