



# COURSE OUTLINE

**Course Name:** Skin Treatments 2

**Department Head/Coordinator:** Julie Wright

**Effective Date:** September 2012

<b>School or Centre:</b>		<b>Department:</b>	
School of Music and Dance		Hair Design and Esthetics	
<b>Course History:</b>		<b>Year of Study:</b>	
Replacement Course		1st Year Post-secondary	
<b>Name of Replacing Course (if applicable):</b>	ESTH 1265 Facials 2	<b>Course Number:</b>	ESTH 1205
		<b>Number of Credits:</b>	3

**Course Pre-requisites (if applicable):**

**Course Co-requisites (if applicable):**

**PLAR (Prior Learning Assessment & Recognition)**  No  Yes (details below):

**Course Description:**

This course is designed to enhance skills taught in Skin Treatment 1. Students focus on making accurate recommendations and utilization of analytical skills to determine advanced treatments options, ingredients and specified electrical equipment. Additionally, the course explores advancement in facial massage including lymphatic drainage and pressure point massage using aromatherapy. This course also includes product knowledge and prescription home care.

**Note to instructors:** An instructional strategy is an approach that an instructor uses to achieve the learning outcomes (e.g., lecture, case study, video, group work).

### **Instructional Strategies:**

Instructional strategies include lecture, demonstration, video presentation, assignments, practical work, group work, individual work and theoretical assessments.

### **Course Learning Outcomes:**

Upon successful completion of this course students will be able to:

- Prepare for facial skin care treatments
- Prepare themselves, client and work area for treatment
- Use suitable consultation techniques to identify treatment objectives
- Choose accurate machines to treat skin conditions
- Select and use products, tools and equipment to suit client treatment needs, skin types and conditions
- Provide facial skin care treatments
- Provide clear recommendations to the client

### **Program Learning Outcomes:**

Upon successful completion of the Skin and Body Therapy (Esthetics) Certificate students will be able to:

- Practice skin and body therapies in accordance with safety, hygiene, and sanitation standards and regulations.
- Describe human anatomy, physiology and chemical composition specific to concerns relating to nail, skin, body, and hair removal treatments.
- Perform spa treatments based on client consultation, skin analysis and nutritional needs.
- Apply the principles of colour and design to lash, brow and specialized makeup techniques.
- Perform in an ethical and professional manner conducive to spa environments.
- Apply retail business administration practices and marketing techniques for operating a spa.

**Evaluation/Grading System** *(Click on drop down box arrows to see list of options)*

Grading System	Specify if 'Other':	Specify Passing Grade:
Letter Grades		C

**Components and Weighting of the Assessment/Evaluation Plan:** *(Click on drop down box arrows to see list of options)*

Type	Percentage	Evaluation Plan (provide a brief explanation for each component especially if value exceeds 35%):
Assignments	25	
Exam	25	
Lab Work	30	
Participation	20	
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<b>Total</b>		<b>100</b>

**Learning Environment/Type** *(Select all that are used within the course)*

Instruction Type	Hours Per Instruction Type	Comments
K - Shop/Teaching Kitchen	45	
L - Classroom	45	
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<b>Enter Total Hours</b>	<b>90</b>	

**Resource Material(s):**

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

**Course Topics and Sequence Covered:**

- Topic 1.0 Introduction to electrical treatments
- Topic 2.0 Plan & Prepare for Treatment
- Topic 3.0 Electrical Therapies
- Topic 4.0 Treatment Technique and Procedure
- Topic 5.0 Pressure Point Massage
- Topic 5.0 Aftercare & Home Care Advice
- Topic 6.0 Promote suitable products and other services

## VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at:

<http://www.vcc.ca/about-vcc/policies/index.cfm>

To find out how this course transfers, visit the BC Transfer Guide at [www.bctransferguide.ca](http://www.bctransferguide.ca).

### FOR COMMITTEE USE ONLY

Date Approved by Education Council:		Date Approved by VCC Board (if applicable):	
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