



# COURSE OUTLINE

**Course Name:** Health and Healing 1

**Course Number:** HRCA 1130

**Number of Credits:** 3.0

**Effective Date:** September 2018

**Course Description:**

This course provides students with the opportunity to develop a theoretical framework for practice. Students will explore the philosophical values and theoretical understandings that provide a foundation for competent practice as a Health Care Assistant. The course focuses on concepts of caring and person-centred care and students will gain understanding of basic human needs, culture and diversity as they relate to health and healing. Students will begin to explore a problem-solving model that will be critical to their practice.

**School or Centre:**

Health Sciences

**Year of Study:**

1st Year Post-secondary

**Course History:**

New Course

**Name of Replacing Course (if applicable):**

**Course Pre-requisites (if applicable):**

Admission to the Health Care Assistant /ESL program.

**Course Co-requisites (if applicable):**

ELSK 0701, HRCA 1103, HRCA 1105, HRCA 1120, HRCA 1122, HRCA 1140

**PLAR (Prior Learning Assessment & Recognition)**

No  Yes (details below):

**Instructional Strategies:**

Lecture  
Variety of group activities  
Online activities

**Course Learning Outcomes:**

Upon successful completion of this course, students will be able to:

1. Display an understanding of person-centred care that recognizes and respects the uniqueness of each individual
2. Discuss basic human needs and common characteristics of human development as these concepts relate to person-centred care.
3. Apply an informed problem-solving approach to provide care and service.
4. Contribute to the safety and protection of self and others as they relate to variety of work environments.
5. Display an understanding of the role of family, culture, diversity and life experience in aging, health and healing.

**Program Learning Outcomes:**

Upon completion of the Health Care Assistant/ESL Program, graduates will be able to:

1. Provide person-centred care and assistance that recognizes and respects the uniqueness of each individual client.
2. Use an informed problem-solving approach to provide care and assistance that promotes the physical, psychological, social, cognitive and spiritual well-being of clients and families.
3. Provide care and assistance for clients experiencing complex health challenges.
4. Provide care and assistance for clients experiencing cognitive and/or mental health challenges.
5. Interact with other members of the healthcare team in ways that contribute to effective working relationships and the achievement of goals.
6. Communicate clearly, accurately and in sensitive ways with clients and families within a variety of community and facility contexts.
7. Provide personal care and assistance in a safe, competent and organized manner.
8. Recognize and respond to own self-development, learning and health enhancement needs.
9. Perform the care provider role in a reflective, responsible, accountable and professional manner.

## Evaluation/Grading System

Grading System	Specify if 'Other':	Specify Passing Grade:
Letter Grades		C+ = 64% + satisfactory journal assignment

## Components and Weighting of the Assessment/Evaluation Plan:

Type	Percentage	Evaluation Plan (provide a brief explanation for each component especially if value exceeds 35%):
Quizzes/Tests	30	Multiple choice exam.
Midterm Exam	35	Multiple choice exam.
Final Exam	35	Multiple choice exam.
Assignments		Satisfactory written reflective journal (as per rubric)
	<b>Total</b>	<b>100</b>

## Learning Environment/Type

Instruction Type	Hours Per Instruction Type	Comments
L - Classroom	60	
	<b>Total</b>	<b>60</b>

## Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

**Course Topics:**

1. Characteristics of caring and person-centred practice.
2. Basic human needs.
3. Multiculturalism and diversity.
4. Critical thinking and problem-solving.
5. Protection and safety in health and healing.

## **VCC Education and Education Support Policies**

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at:

<http://www.vcc.ca/about/governance--policies/policies/>

To find out how this course transfers, visit the BC Transfer Guide at [www.bctransferguide.ca](http://www.bctransferguide.ca).

### **FOR COMMITTEE USE ONLY**

<b>Approved by Curriculum Committee:</b>	May 15, 2018	<b>Approved by Education Council:</b>	
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