



COURSE OUTLINE

Course Name: Health and Healing 2

Course Number: HRCA 1230

Number of Credits: 1.5

Effective Date: September 2018

Course Description:

This course focuses on human development and family as they relate to health and healing. Students will deepen their understanding of the critical thinking and problem-solving that will be critical to their Health Care Assistant practice.

School or Centre:

Health Sciences

Year of Study:

1st Year Post-secondary

Course History:

New Course

Name of Replacing Course (if applicable):

Course Pre-requisites (if applicable):

Completion of the following courses in the Health care Assistant/ESL program: ELSK 0701, HRCA 1103, HRCA 1105, HRCA 1120, HRCA 1122, HRCA 1135, HRCA 1130, HRCA 1140

Course Co-requisites (if applicable):

ELSK 0702, HRCA 1224, HRCA 1232, HRCA 1240

PLAR (Prior Learning Assessment & Recognition)

No Yes (details below):

Instructional Strategies:

Lecture
Variety of group activities
Online activities

Course Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. Display an understanding of person-centred care that recognizes and respects the uniqueness of each individual.
2. Discuss common characteristics of human development as these concepts relate to person centered care.
3. Apply an informed problem-solving approach to provide care and service.
4. Contribute to the safety and protection of self and others as they relate to a variety of work environments.
5. Display an understanding of the role of family, culture, diversity and life experience in aging, health and healing.

Program Learning Outcomes:

Upon completion of the Health Care Assistant/ESL Program, graduates will be able to:

1. Provide person-centred care and assistance that recognizes and respects the uniqueness of each individual client.
2. Use an informed problem-solving approach to provide care and assistance that promotes the physical, psychological, social, cognitive and spiritual well-being of clients and families.
3. Provide care and assistance for clients experiencing complex health challenges.
4. Provide care and assistance for clients experiencing cognitive and/or mental health challenges.
5. Interact with other members of the healthcare team in ways that contribute to effective working relationships and the achievement of goals.
6. Communicate clearly, accurately and in sensitive ways with clients and families within a variety of community and facility contexts.
7. Provide personal care and assistance in a safe, competent and organized manner.
8. Recognize and respond to own self-development, learning and health enhancement needs.
9. Perform the care provider role in a reflective, responsible, accountable and professional manner.

Evaluation/Grading System

| Grading System | Specify if 'Other': | Specify Passing Grade: |
|----------------|---------------------|------------------------|
| Letter Grades | | C+ = 64% |

Components and Weighting of the Assessment/Evaluation Plan:

| Type | Percentage | Evaluation Plan (provide a brief explanation for each component especially if value exceeds 35%): |
|--------------|------------|--|
| Midterm Exam | 35 | Multiple choice exam. |
| Final Exam | 35 | Multiple choice exam. |
| Assignments | 30 | Group presentation project |
| - | | |
| | | |
| | | |
| Total | | 100 |

Learning Environment/Type

| Instruction Type | Hours Per Instruction Type | Comments |
|------------------|----------------------------|-----------|
| L - Classroom | 30 | |
| | | |
| | | |
| | | |
| | | |
| Total | | 30 |

Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

Course Topics:

1. Characteristics of caring and person-centred practice.
2. Human development.
3. Critical thinking and problem-solving.
4. Protection and safety in health and healing.

VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at:

<http://www.vcc.ca/about/governance--policies/policies/>

To find out how this course transfers, visit the BC Transfer Guide at www.bctransferguide.ca.

FOR COMMITTEE USE ONLY

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| Approved by Curriculum Committee: | May 15, 2018 | Approved by Education Council: | |
|--|--------------|---------------------------------------|--|