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Course Name:

Health Promotion 4

Effective Date:

September 2019

School/Centre:

Health Sciences

Department:

Practical Nursing(5004)

Banner Course Name:

Health Promotion 4

Subject Code:

NURS - Nursing

Course Number

4003

Year of Study

1st Year Post-secondary

Credits:

0-1

Course Description:

This course focuses on health promotion in the context of caring for clients experiencing an acute exacerbation of chronic illness or an acute episode of illness. Examination of health promoting strategies during hospitalization to improve or help maintain clients' health status after discharge occur. Topics also include how to preparing clients for discharge from care through teaching and learning of health promoting strategies.

Course Pre-Requisites (if applicable):

NURS 3006 - Consolidated Practice Experience 3

Course Co-requisites (if applicable):

NURS 4001 - Professional Communication 4; NURS 4002 - Professional Practice 4; NURS 4004 - Variations in Health 4; NURS 4005 - Integrated Nursing Practice 4

PLAR (Prior Learning Assessment & Recognition)

No

Course Learning Outcomes (CLO):

Upon successful completion of this course, students will be able to:

- CLO #1 Formulate teaching strategies to manage or improve client health.
- CLO #2 Discuss health promotion in the acute care context and in relation to discharge planning.
- CLO #3 Explain utilization of screening tools for early detection of illness.
- CLO #4 Identify and explain which immunizations are important for clients experiencing acute illness.
- CLO #5 Identify culturally safe, culturally informed and appropriate health promotion materials.
- CLO #6 Explain the continuum of care.
- CLO #7 Explain the discharge planning process.
- CLO #8 Examine appropriate teaching and learning strategies to prepare clients for discharge.
- CLO #9 Explain harm reduction strategies for acute care clients at risk.
- CLO #10 Evaluate trauma-informed practice within acute care settings.
- CLO #11 Evaluate LGBTQ2 needs for discharge teaching.

Instructional Strategies:

Course guides provide direction of learning in preparation, in course activities and reflection of the content. The instructor acts as facilitator and expert to promote an environment conducive for learning through activities such as guided discussion, debate, audio-visual presentation, group activities, online activities, skill building exercises and simulation.

Evaluation and Grading

Grading System:

Letter Grade (A-F)

Passing grade:

B-

Evaluation Plan:

Type	Percentage	Brief description of assessment activity
Assignments	30	Simulation recording and analysis
Assignments	35	Written paper
Final Exam	35	Final Comprehensive Exam

Hours by Learning Environment Type

Lecture, Seminar, Online

24

Lab, Clinical, Shop, Kitchen, Studio, Simulation

Practicum

Self Paced / Individual Learning

Course Topics

Course Topics:

Introduction to epidemiology

Risk-management strategies: smoking cessation, obesity, drug use

Harm reduction

Nutrition

Risk management strategies

Early detection of illness through screening

Client teaching and learning

Culturally appropriate and relevant learning strategies

Continuum of Care (pre-admission and discharge planning)

Cultural safety and cultural humility in acute care

Trauma-informed practice in acute care settings

LGBTQ2 care in acute care settings

Program and course contents and descriptions, offerings and schedules are subject to change without notice.

Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at <https://www.vcc.ca/about/governance--policies/policies>.

To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

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Downtown campus

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