Course Name: Health Care and Rehabilitation

Course Number: OPTA 1132  Number of Credits: 3  Effective Date: September 2018

Course Description:
This course provides an introduction to the Canadian health care system, the determinants of health and the roles and responsibilities of the health care team members. The role and scope of practice of Occupational Therapists and Physical Therapists are also discussed. The duties and responsibilities of Occupational Therapist Assistants and Physical Therapists Assistants are described as well as the knowledge, skills and attitudes required to provide rehabilitation services to a diverse client population.

School or Centre:
School of Health Sciences

Year of Study:
1st Year Post-secondary

Course History:
Replacement Course

Name of Replacing Course (if applicable):
Health Care Concepts OPTA 1102

Course Pre-requisites (if applicable):

Course Co-requisites (if applicable):
Semester 1 courses: OPTA 1131, 1133, 1134, 1135 and 1136

PLAR (Prior Learning Assessment & Recognition)

No  Yes (details below):
**Instructional Strategies:**
Instructional strategies may include: Lecture, seminar, on-line learning, assignments, presentations, problem-based learning, videos, small group discussions, and student-led review sessions.

**Course Learning Outcomes:**

Upon successful completion of this course, students will be able to:

1. Describe the Canadian health care system
2. Explain the roles and responsibilities of the various members of the health care team
3. Discuss the factors that affect the health of people living in Canada
4. Explain the role and scope of practice of an Occupational Therapist
5. Explain the role and scope of practice of a Physical Therapist
6. Explain the duties and responsibilities of an Occupational Therapist Assistant
7. Explain the duties and responsibilities of a Physical Therapist Assistant
8. Identify the knowledge, skills and attitudes required to provide rehabilitation services to a diverse population

**Program Learning Outcomes:**

Upon successful completion of this program, students will be able to:

1. Practise as an Occupational Therapist Assistant or Physical Therapist Assistant in a competent, professional, accountable and ethical manner.
2. Utilize evidence-informed rehabilitation knowledge to perform skills and implement assigned Occupational Therapy or Physical Therapy interventions.
3. Collaborate as a member of an interdisciplinary team within an evolving health care system.
4. Contribute to the development and maintenance of an effective practice environment through direct client care, organization and support of rehabilitation services.
5. Identify and report relevant information regarding the client’s status and well-being to the appropriate interdisciplinary team member.
6. Communicate appropriately and effectively, through verbal, nonverbal, written and electronic means, with clients, their families and other interdisciplinary team members.
7. Collect client information and complete client records.
8. Develop and implement strategies to promote professional competence within the role of the Occupational Therapist Assistant and Physical Therapist Assistant.
9. Promote, support and encourage health and wellness for self and others.
### Evaluation/Grading System

<table>
<thead>
<tr>
<th>Grading System</th>
<th>Specify if 'Other':</th>
<th>Specify Passing Grade:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Letter Grades</td>
<td></td>
<td>70%, C-</td>
</tr>
</tbody>
</table>

#### Components and Weighting of the Assessment/Evaluation Plan:

<table>
<thead>
<tr>
<th>Type</th>
<th>Percentage</th>
<th>Evaluation Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(provide a brief explanation for each component especially if value exceeds 35%):</td>
</tr>
<tr>
<td>Quizzes/Tests</td>
<td>10 X 1</td>
<td></td>
</tr>
<tr>
<td>Assignments</td>
<td>85 X 6</td>
<td></td>
</tr>
<tr>
<td>Participation</td>
<td>5 as per rubric</td>
<td></td>
</tr>
</tbody>
</table>

**Total 100**

### Learning Environment/Type

<table>
<thead>
<tr>
<th>Instruction Type</th>
<th>Hours Per Instruction Type</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>L - Classroom</td>
<td>60</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total 60**

### Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.
Course Topics:

1. Canadian health care system
2. Healthcare team
3. Factors affecting health
4. Role of Occupational Therapist
5. Role of Physical Therapist
6. Duties of Occupational Therapist Assistant
7. Duties of Physical Therapist Assistant
8. Cultural Diversity
9. Introduction to ethics
10. Introduction to psychosocial issues

VCC Education and Education Support Policies

There are a number of Education and Education Support policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at:

http://www.vcc.ca/about/governance--policies/policies/

To find out how this course transfers, visit the BC Transfer Guide at www.bctransferguide.ca.

FOR COMMITTEE USE ONLY

| Approved by Curriculum Committee: | August 15, 2017 | Approved by Education Council: | October 10, 2017 |