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Course Name:

Occupational Therapist Assistant 1

Effective Date:

September 2019

School/Centre:

Health Sciences

Department:

Occup/Physical Therapist Asst (5076)

Banner Course Name:

Occupational Therapist Asst 1

Subject Code:

OPTA - Occup/Phys Therapist Asst

Course Number

1233

Year of Study

1st Year Post-secondary

Credits:

4

Course Description:

The course focuses on the practical skills required to successfully assist the Occupational Therapist and their clients. The course emphasizes occupational therapy treatments and interventions for clients with musculoskeletal injuries and conditions and the promotion of independent activities of daily living (ADL's) and instrumental activities of daily living (IADL's).

Course Pre-Requisites (if applicable):

Successful completion of Semester 1

Course Co-requisites (if applicable):

Semester 2 courses: OPTA 1231, 1232, 1234, 1235 and 1236

PLAR (Prior Learning Assessment & Recognition)

No

Course Learning Outcomes (CLO):

Upon successful completion of this course, students will be able to:

CLO #1	Explain the general concepts and principles of occupational therapy in Canada.
CLO #2	Compare and contrast the remedial and compensatory approaches to occupational therapy treatment.
CLO #3	Explain the principles of activity analysis and grading as applied in occupational therapy intervention.
CLO #4	Perform common occupational therapy treatment interventions for clients with fine motor impairment.
CLO #5	Apply thermal modalities to clients with upper extremity musculoskeletal conditions.
CLO #6	Use strategies and devices to optimize independence with ADLs and IADL's in clients with musculoskeletal conditions.
CLO #7	Demonstrate professional behavior in a simulated practice setting.

Instructional Strategies:

Instructional strategies may include: Lecture, seminar, on-line learning, assignments, problem-based learning, videos, small group discussions, student-led review sessions, field trips and guest speakers. Lab activities comprise a minimum of 50% of the course in order to optimize student learning of the practical skills required to work as a OTA.

Evaluation and Grading

Grading System:

Letter Grade (A-F)

Passing grade:

70% or C- in both written and practical components of course

Evaluation Plan:

Type	Percentage	Brief description of assessment activity
Quizzes/Tests	35	X 3
Clinical Examination	40	X 3 as per evaluation tool
Lab Work	10	formative skills assessments
Assignments	10	x 1 assignment
Participation	5	as per rubric

Hours by Learning Environment Type

Lecture, Seminar, Online

45

Lab, Clinical, Shop, Kitchen, Studio, Simulation

45

Practicum

Self Paced / Individual Learning

Course Topics

Course Topics:

1. OT Principles and Concepts in Canada
2. Intervention approaches to OTA
3. Activity analysis and grading
4. Fine motor treatment
5. Modalities
6. ADL strategies for musculoskeletal conditions
7. Assistive devices
8. Joint protection and energy conservation
9. Basic splints
10. Wheelchair positioning and adaptation
11. Mattress Basics
12. Basic IADL's
13. Professional behaviour

Program and course contents and descriptions, offerings and schedules are subject to change without notice.

Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at <https://www.vcc.ca/about/governance--policies/policies>.

To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

Broadway campus

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Downtown campus

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