

- Reflect regularly on one's own practice
- Articulate a professional philosophy related to working as an interpreter
- Demonstrate a commitment to lifelong learning and development

TAKE CARE OF SELF

- Use effective time management strategies
- Strive for maintaining wellness and balance in one's own physical, mental, emotional and spiritual health
- Be aware of and respectful of one's limitations and needs
- Establish effective personal and professional support networks
- Recognize stress and implement effective strategies to manage it

USE APPROPRIATE BUSINESS SKILLS

- Demonstrate respectful, effective and timely interpersonal communication
- Be well prepared, reliable and on time
- Prepare for interpreting assignments
- Present with professional demeanor and attire appropriate for the setting
- Understand power dynamics in professional relationships and work effectively within systems
- Seek and incorporate feedback from consumers, mentors and peers
- Engage in professional consultations, pre/de-brief discussions and shared analyses
- Contribute positively to effective teamwork
- Set practical goals for personal and professional development
- Follow standards of practice related to negotiating fees and contracts, self-marketing, invoicing, and accounting
- Communicate effectively in standard written business English
- Use social media in a judicious and responsible manner