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CNSK 1404: Lifespan Development

EFFECTIVE DATE

January 2021

DEPARTMENT

Counselling Skills

DESCRIPTION

This course introduces the theories, concepts, research methods, and findings relevant to the study of human development throughout the life-span. Major developmental theories and issues are presented. Emphasis is placed on the integration of life-span principles and concepts into individual social contexts. The effects of heredity and environment, and ethical issues surrounding development are also presented. Students may take Theories of Counselling (CNSK 1403) OR Lifespan Development (CNSK 1404) for credit.

CREDITS

3.0

YEAR OF STUDY

PREREQUISITES

None

COREQUISITES

None

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Demonstrate an understanding of the importance of the study of human development
- Identify and describe major theories of human development
- Identify research methods used to study human development
- Demonstrate an understanding of the basic principles and concepts relevant to stages of life-span development
- Apply life-span developmental principles and concepts into a familial and social context
- Describe and explore basic issues relevant to development throughout the life-span
- Describe the interaction between lifespan and counselling themes and issues

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

At the discretion of the Program Coordinator

HOURS

Lecture: 45

Other: 45

INSTRUCTIONAL STRATEGIES

GRADING SYSTEM

Letter Grade (A-F)

PASSING GRADE

60%

EVALUATION PLAN

Type	Percentage	Assessment activity
Final Exam	30	Final take home exam
Assignments	40	In-class assignments, Paper
Project	20	Group Project
Participation	10	

COURSE TOPICS

- Human development
- Major theories and theorists
- Research and related ethical issues
- Basic principles and concepts of human growth and development
- Conception and prenatal development: Relevant principles and concepts
- Infancy and toddlerhood: Relevant principles and concepts
- Early childhood: Relevant principles and concepts
- Middle childhood: Relevant principles and concepts
- Adolescence: Relevant principles and concepts
- Young adulthood: Relevant principles and concepts
- Middle adulthood: Relevant principles and concepts

- Late adulthood and end of the life-span: Relevant principles and concepts

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

Broadway campus

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Downtown campus

250 West Pender Street
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