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CNSK 1407: Diversity, Culture and Couns

EFFECTIVE DATE

January 2021

DEPARTMENT

Counselling Skills

DESCRIPTION

This introductory course explores dimensions of diversity and increases knowledge and understanding of the cultural factors underlying client and counsellor behaviour and interventions. Participants will explore their own cultural values and belief systems and learn how these systems affect their relationship and interventions with clients. Participants will also increase their understanding of cultural transition, racial identity and sexual orientation identity development processes, and examine the role of race and culture on communication in the counselling context. Emphasis will be placed on integration of knowledge with personal awareness.

CREDITS

1.0

YEAR OF STUDY

PREREQUISITES

None

COREQUISITES

None

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Define culture, diversity, and multi-cultural counselling
- Explain the dimensions of diversity, the continuum of intolerance to celebration, the impact of privilege
- Demonstrate knowledge of developmental models about diversity
- Explain how dimensions of diversity and similarities affect communication, interaction, and counselling
- Experience increased awareness of themselves as a member of a diverse population and how the values and beliefs (worldview) from their own heritage impact their own thinking and behaviour
- Identify their own sense of cultural awareness and comfort on a continuum from intolerance to celebration
- Demonstrate open and collaborative approaches to working with diverse populations in the counselling field acknowledging the client's worldview (beliefs, values etc)

- Identify systemic, institutionalized barriers and inequities

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

SA: The Aboriginal Context (SUAB 1115) Cross- Cultural Counselling Skills (CNSK 1111) At the discretion of the Program Coordinator

HOURS

Lecture: 22

Other: 3

INSTRUCTIONAL STRATEGIES

GRADING SYSTEM

Letter Grade (A-F)

PASSING GRADE

60%

EVALUATION PLAN

Type	Percentage	Assessment activity
Assignments	70	Case Study, Journal, Self Awareness Assessment (Pre and Post), Cultural Demonstration
Quizzes/Tests	10	Open book quiz (theory)
Participation	10	

COURSE TOPICS

- Multicultural counselling
- Dimensions of diversity
- Values & beliefs
- Worldviews
- Western counselling values
- Cultural transition
- Intercultural communication
- Power and privilege
- The social construction of race etc.
- Racial/cultural identity development

- Sexual orientation identity development
- Abilities/disabilities
- Counselling approaches

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

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Downtown campus

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