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## CNSK 1408: Group Counselling Skills

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### EFFECTIVE DATE

January 2021

### DEPARTMENT

Counselling Skills

### DESCRIPTION

This course is designed to offer students a wide spectrum of both theoretical and experiential approaches to group work, focusing especially on core facilitation skills. Students will examine group dynamics and evolution, interpersonal relationships (e.g. conflicts, alliances and other structures), leadership styles, curriculum development, and the role of health and healing practices. Particular attention will be given to developing effective facilitation strategies through achieving greater self-awareness. Students will also learn about the emerging models of group work which focus on collaboration, community-building and creativity.

### CREDITS

3.0

### YEAR OF STUDY

### PREREQUISITES

None

### COREQUISITES

None

### COURSE LEARNING OUTCOMES

None

### PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

None

### HOURS

Lecture: 45

Other: 6

## INSTRUCTIONAL STRATEGIES

### GRADING SYSTEM

Letter Grade (A-F)

### PASSING GRADE

### EVALUATION PLAN

None

### COURSE TOPICS

None

### LEARNING RESOURCES

None

#### Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:  
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

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