



CNSK 1416: Cns Skills A Youth Perspective

EFFECTIVE DATE

DEPARTMENT

Counselling Skills
DESCRIPTION

Explores adolescence and the psychological, social, physical, and emotional factors accompanying the transition from childhood to adulthood. Students analyze the complex processes of development, examining how they affect teens' relationships with themselves and others. Topics include: school and work transitions, brain development, teen-specific drug and alcohol problems, development processes for sexual identity and sexual orientation identity, and the youth justice system. Emphasis is on integrating knowledge with personal awareness and developing the skills to work with youth in a variety of settings.

CREDITS

YEAR OF STUDY

1.0

PREREQUISITES

None

COREQUISITES

None

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Identify the developmental tasks specific to youth
- Describe the crucial role of brain development through adolescence
- Discuss healthy development versus dysfunctional development processes
- Explain the development of sexuality and sexual identity and gender identity
- Describe the tasks related to making the transition from school to work
- Discuss the importance of peer relations
- Demonstrate the ability to conduct a risk assessment
- Identify the skills and abilities needed to work with families of youth
- Compile resources for people working with youth and for distribution to youth
- Describe the British Colombian Youth Justice system
- Demonstrate knowledge of the confidentiality/privacy standards when working with youth

- Identify and demonstrate knowledge about the concerns of Special Populations of youth
- Describe the characteristics and skills required to successfully engage with youth

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

None

HOURS

Lecture: 22

INSTRUCTIONAL STRATEGIES

GRADING SYSTEM

Letter Grade (A-F)

PASSING GRADE

60%

EVALUATION PLAN

Type	Percentage	Assessment activity
Assignments	35	
Project	40	
Quizzes/Tests	15	
Participation	10	

COURSE TOPICS

- Introduction the theories and skills required for youth work
- Review of resources for youth
- Overview of the developing brain
- Risks to be considered in working with you
- Youth- special populations and considerations
- The criminal justice system as it pertains to youth
- Development of skills required to work with you

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

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