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CNSK 1506: Lifespan Development

EFFECTIVE DATE

DEPARTMENT

Counselling Skills
DESCRIPTION

This course will provide students with a general introduction to and overview of the field of developmental psychology with a focus on developmental research and theories that have particular relevance for those working in a helping role in community settings. The course follows the life span development of the individual, emphasizing the theoretical and experimental approaches to the study of cognitive, personality, social, perceptual, and physical components of development from conception to death.

CREDITS

2.5

YEAR OF STUDY

1st Year Post-secondary

PREREQUISITES

None

COREQUISITES

None

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Discuss the development of human beings as occurring within a familial, social, cultural and historical context
- Examine and critically evaluate their own developmental assumptions (ideas and theories about ways that people grow and change)
- Explain the contemporary understanding of the respective contributions of nature (heredity) and nurture (environment) to human development
- Compare and contrast the major theories of human development, including how each views the main themes, controversies and issues in developmental psychology
- Identify research methods used to study human development and as a result become a more informed consumer of clinical research
- Discuss relevant developmental concepts and theories within the counselling context

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

PLAR will be assessed by the Department according to standardized practice and using one or more of the following components: Challenge Exam, Demonstration, Interview, or External Evaluation.

HOURS

Lecture: 45

INSTRUCTIONAL STRATEGIES

This course may be offered online or face-to-face. Instructional strategies may include the following: lecture, videos, group discussion (in person or on a forum), reflective writing or other activities, self-assessment quizzes, videos, readings, peer and instructor feedback.

GRADING SYSTEM

Letter Grade (A-F)

PASSING GRADE

C

EVALUATION PLAN

Type	Percentage	Assessment activity
Assignments	20	Paper 1 (learning journal, review of primary research article)
Assignments	30	Paper 2 (case studies, interview, research paper)
Assignments	10	Forum participation/Reflective journal
Quizzes/Tests	10	

Final Exam	20	
Participation	10	Professionalism

COURSE TOPICS

- Foundations of Lifespan Study
 - Prenatal Development
 - Infancy
 - Early Childhood
 - Middle-Late Childhood
 - Adolescence - Physical & Cognitive Development
 - Adolescence - Socio-emotional Development
 - Early Adulthood
 - Middle Adulthood
 - Late Adulthood
 - Death, Dying, Grief and Bereavement

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at: <https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

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