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CNSK 1509: Personal and Professional Development

EFFECTIVE DATE

September 2019

DEPARTMENT

Counselling Skills

DESCRIPTION

This course integrates theory and practice learned throughout the program to enable students to be effective, responsible, and professional practitioners in the field of social services.

CREDITS

2.0

YEAR OF STUDY

1st Year Post-secondary

PREREQUISITES

CNSK 1502 Foundations of Counselling and CNSK 1505 Individual Counselling Skills

COREQUISITES

None

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Demonstrate ethical and respectful behavior in professional settings
- Apply effective and professional communication skills in complex interactions with diverse populations within the field of social services
- Identify and apply relevant legislation and codes of professional practice
- Engage in ongoing reflection and self-care practice to support personal and professional development
- Acknowledge the ethical implications when working with individuals with trauma
- Recognize how personal values, beliefs, and biases impact decisions and behaviours as a professional in diverse settings
- Demonstrate a commitment to life-long learning and professional development

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

PLAR will be assessed by the Department according to standardized practice and using one or more of the following components: Challenge Exam, Demonstration, Interview, or External Evaluation.

HOURS

Lecture: 36

INSTRUCTIONAL STRATEGIES

Lecture, videos, group discussion/work, reflective writing, readings, peer and instructor feedback, case studies and ethical dilemmas.

GRADING SYSTEM

Letter Grade (A-F)

PASSING GRADE

C

EVALUATION PLAN

Type	Percentage	Assessment activity
Assignments	20	Ethical Dilemma Case Study #1
Assignments	35	Ethical Dilemma Case Study #2
Quizzes/Tests	20	Open or closed book
Assignments	15	Journal
Participation	10	Professionalism

COURSE TOPICS

- Values, beliefs and assumptions (individual and professional)
 - Ethical decision-making
 - Codes of ethics
 - Provincial and federal legislation
 - Impacts of systemic and historic oppression
 - Ethical boundaries in professional relationships
 - Trauma-informed practice and working with clients

- Self-care plans

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

Broadway campus

1155 East Broadway
Vancouver, B.C. Canada
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Downtown campus

250 West Pender Street
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Annacis Island campus

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Generated at: 6:20 pm on Apr. 10, 2021