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CNSK 1510: Indigenous Perspectives

EFFECTIVE DATE

September 2019

DEPARTMENT

Counselling Skills

DESCRIPTION

This course will assist students in their roles as a helper by providing awareness of the diversity of Indigenous Nations and cultures, impacts of colonization, and models of healing and wellness. As part of a movement towards reconciliation, students will engage in experiential learning and witnessing and will have the opportunity to incorporate their understanding into their work.

CREDITS

1.5

YEAR OF STUDY

1st Year Post-secondary

PREREQUISITES

None

COREQUISITES

None

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Acknowledge the historical impacts and current effects of colonization
- Describe the diversity of Indigenous communities, cultures, languages, and practices
- Identify and describe traditional and contemporary Indigenous models of healing and wellness
- Develop deeper awareness of the meaning and spirit of reconciliation from an Indigenous perspective and what that might mean for their clients
- Discuss their personal experience of ceremonies and practices and incorporate their experiences into their work

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

PLAR will be assessed by the Department according to standardized practice and using one or more of the following components: Challenge Exam, Demonstration, Interview, or External Evaluation.

HOURS

Lecture: 29

INSTRUCTIONAL STRATEGIES

Lecture, videos, group discussion/work, experiential group activities, reflective writing, readings, participation in ceremony

GRADING SYSTEM

Letter Grade (A-F)

PASSING GRADE

C

EVALUATION PLAN

Type	Percentage	Assessment activity
Assignments	35	Research paper
Project	25	Case studies and presentation
Assignments	20	Reflective journals
Assignments	10	Discussion questions from the textbook(s)
Participation	10	Professionalism

COURSE TOPICS

- Introduction to the Sharing Circle
- Colonial history of Canada (pre-contact, and KAIROS Blanket Exercise)
- Diversity of nations, cultures, communities, ceremonies, and practices
- Historical timeline (Traditional and modern governance, historical and modern treaties, Bill C.31, and the Indian Act)
- Colonial history (Residential School System, day schools, Indian Hospitals and Sanatoriums)
- Colonial history (60s scoop and current context – Youth-in-Care, over-incarceration, intergenerational

effects, foster care and adoption)

- Participation in ceremony
- Traditional models of healing and wellness

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

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