



## CNSK 2509: Group Facilitation Skills

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### EFFECTIVE DATE

January 2021

### DEPARTMENT

Counselling Skills

### DESCRIPTION

This course provides students with the tools and skills of group facilitation through both theoretical and experiential approaches

### CREDITS

2.5

### YEAR OF STUDY

2nd Year Post-secondary

### PREREQUISITES

None

### COREQUISITES

None

### COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Describe foundational theoretical concepts in group facilitation
- Apply effective facilitation skills at each stage of group development (modeling - skill)
- Demonstrate self-awareness as a participant and facilitator of groups
- Recognize the impacts of group work
- Identify a diversity of leadership styles and approaches in group facilitation
- Maintain professional practice as a group facilitator

### PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

PLAR will be assessed by the Department according to standardized practice and using one or more of the following components: Challenge Exam, Demonstration, Interview, or External Evaluation

## HOURS

Lecture: 36

## INSTRUCTIONAL STRATEGIES

Lecture, videos, small/large group discussion/work, reflective exercises, reflective writing, case studies, readings, guest speakers

## GRADING SYSTEM

Letter Grade (A-F)

## PASSING GRADE

C (60%)

## EVALUATION PLAN

Type	Percentage	Assessment activity
Project	30	Group proposal
Assignments	25	Co-facilitation of a class
Assignments	20	Reflective paper
Quizzes/Tests	15	
Participation	10	Professionalism and participation

## COURSE TOPICS

- Stages of Group Development
  - Group member behaviours, conflicts, communication styles
  - Circular Causality Approach
  - Group Facilitation Skills
  - Conflict Resolution Skills
  - Reflective Practice
  - Leadership Styles
  - Professionalism in Group Facilitation
  - Working with group participants with addiction

- Family Systems and its impact on the individual

## LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:  
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

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### Broadway campus

1155 East Broadway  
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### Downtown campus

250 West Pender Street  
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### Annacis Island campus

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