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CULI 1125: Kitchen Mgmt & Health Care

EFFECTIVE DATE

DEPARTMENT

Professional Cook 1
DESCRIPTION

This course investigates the study of yield testing, food costing, menu planning and pricing, and the basics of nutrition. The students learn these principles by way of lectures and practical assignments. This course is part of the full-time Cooking Foundation - High School, Culinary Arts Programs.

CREDITS

1.0

YEAR OF STUDY

1st Year Post-secondary

PREREQUISITES

None

COREQUISITES

None

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Apply industry safety standards and safe work practices
- Describe regulatory requirements pertaining to health and safety
- Receive and inspect goods according to industry standards
- Store ingredients according to industry standards
- Describe cost controlling procedures and principles
- Calculate and convert quantities using different systems of measurement

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

Permission to challenge this course must be obtained from the department head. PLAR must occur prior to the program start and will be conducted according to content-specific guidelines created by the department.

HOURS

Lecture: 15

Other: 10

INSTRUCTIONAL STRATEGIES

Lectures, demonstrations, group discussions, independent study

GRADING SYSTEM

Letter Grade (A-F)

PASSING GRADE

70%

EVALUATION PLAN

Type	Percentage	Assessment activity
Lab Work	75	daily evaluation of products and performance
Quizzes/Tests	25	

COURSE TOPICS

- Food grades
- Food quality
- Purchasing
- Receiving and storing
- Inventory control
- Food costing
- Standardized recipes
- Portion control
- Standard units of measurement
- Yield testing
- Menu planning

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

Broadway campus

1155 East Broadway
Vancouver, B.C. Canada
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Downtown campus

250 West Pender Street
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Annacis Island campus

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