



v c c . c a

CULI 1507: Flavour Principles & Menus

EFFECTIVE DATE

July 2018

DEPARTMENT

Culinary Arts (Blended)

DESCRIPTION

This course introduces students to the basic principles of nutrition and its application in food preparation. This course also examines the study of taste and flavour and introduces students to institutional menus and terminology. This course is part of the full time Culinary Arts program.

CREDITS

1.0

YEAR OF STUDY

1st Year Post-secondary

PREREQUISITES

Acceptance into the Professional Cook 1 Certificate program

COREQUISITES

CULI 1508 - Short Order Café

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Describe the nutritional elements of a healthy diet
- Identify and describe the principles of food combinations based on nutrition, taste, and flavour principles
- Identify and describe a variety of institutional menus and terminology

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

None

HOURS

Lecture: 12

INSTRUCTIONAL STRATEGIES

lectures, demonstration, hands-on practice, group work, kitchen activities, projects and independent study

GRADING SYSTEM

Percentages-ITA

PASSING GRADE

70%

EVALUATION PLAN

Type	Percentage	Assessment activity
Portfolio	100	Professional Skills, Dietary Requirements, Menu and Flavour Principles

COURSE TOPICS

- 1. Orientation to Course Information, Review House Guidelines
- 2. Basic Nutrition
- 3. Palette Development and Taste & Flavour Principles
- 4. Introduction to Menus

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

Broadway campus

1155 East Broadway
Vancouver, B.C. Canada
V5T 4V5

Downtown campus

250 West Pender Street
Vancouver, B.C. Canada
V6B 1S9

Annacis Island campus

1608 Cliveden Avenue
Delta, B.C. Canada
V3M 6P1

604.871.7000

VCC.ca

Generated at: 12:53 am on Jun. 18, 2021