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CULI 2504: Nutritional Menu Development

EFFECTIVE DATE

May 2018

DEPARTMENT

Culinary Arts (Blended)

DESCRIPTION

This course introduces students to the principles of menu planning and nutrition. Students apply these principles to create a table d'hote menu.

CREDITS

1.0

YEAR OF STUDY

1st Year Post-secondary

PREREQUISITES

Acceptance into the Professional Cook 2 Advanced Certificate program or Culinary Arts Diploma (International) program

COREQUISITES

CULI 2505 - Advanced Cookery CULI 2506 - Global & Vegetarian Cuisine

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- Write a menu applying the principles of menu planning and nutrition
- Assess menus for consistency and quality standards

PRIOR LEARNING ASSESSMENT & RECOGNITION (PLAR)

None

HOURS

Lecture: 12

INSTRUCTIONAL STRATEGIES

lectures, demonstration, hands-on practice, group work, projects and independent study

GRADING SYSTEM

Percentages-ITA

PASSING GRADE

70%

EVALUATION PLAN

| Type | Percentage | Assessment activity |
|-----------|------------|--------------------------|
| Project | 75 | Menu development project |
| Portfolio | 25 | |

COURSE TOPICS

- 1. Orientation to Course Information, Review House Guidelines
- 2. Introduction to Menu Development
- 3. Principles of Nutrition

LEARNING RESOURCES

None

Notes:

- Course contents and descriptions, offerings and schedules are subject to change without notice.
- Students are required to follow all College policies including ones that govern their educational experience at VCC. Policies are available on the VCC website at:
<https://www.vcc.ca/about/governance--policies/policies/>.
- To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

Broadway campus

1155 East Broadway
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Downtown campus

250 West Pender Street
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Annacis Island campus

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