



COURSE OUTLINE

Course Name: Hand & Nail Treatment

Department Head/Coordinator: Julie Wright

Effective Date: September 2012

School or Centre:	Department:
School of Music and Dance	Hair Design and Esthetics

Course History:	Year of Study:
Revised Course	1st Year Post-secondary

Name of Replacing Course (if applicable):	Course Number:	ESTH 1115
ESTH 1163 Manicures	Number of Credits:	3

Course Pre-requisites (if applicable):

Successful completion of ESTH 1100

Course Co-requisites (if applicable):

PLAR (Prior Learning Assessment & Recognition)

No Yes (details below):

Course Description:

This course introduces students to hand and nail treatments, diseases and disorders, nail shapes, use of specific products, massage technique and nail polish application. This course also includes product knowledge and prescription home care.

Note to instructors: An instructional strategy is an approach that an instructor uses to achieve the learning outcomes (e.g., lecture, case study, video, group work).

Instructional Strategies:

Instructional strategies include lecture, demonstration, video presentation, assignments, practical work, group work, individual work and theoretical assessments.

Course Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Prepare for hand and nail treatments
- Prepare client and work area for treatment
- Apply suitable consultation techniques to identify treatment objectives
- Perform hand and nail treatments
- Describe products, tools and equipment to suit client treatment needs, skin and nail conditions
- Apply nail polish
- Provide clear recommendations to the client

Program Learning Outcomes:

Upon successful completion of the Skin and Body Therapy (Esthetics) Certificate students will be able to:

- Practice skin and body therapies in accordance with safety, hygiene, and sanitation standards and regulations.
- Describe human anatomy, physiology and chemical composition specific to concerns relating to nail, skin, body, and hair removal treatments.
- Perform spa treatments based on client consultation, skin analysis and nutritional needs.
- Apply the principles of colour and design to lash, brow and specialized makeup techniques.
- Perform in an ethical and professional manner conducive to spa environments.

Evaluation/Grading System *(Click on drop down box arrows to see list of options)*

Grading System	Specify if 'Other':	Specify Passing Grade:
Letter Grades		C

Components and Weighting of the Assessment/Evaluation Plan: *(Click on drop down box arrows to see list of options)*

Type	Percentage	Evaluation Plan (provide a brief explanation for each component especially if value exceeds 35%):
Assignments	25	Work Books
Exam	25	Written Exam
Lab Work	30	Practical Assessments
Participation	20	
-		
Total		100

Learning Environment/Type *(Select all that are used within the course)*

Instruction Type	Hours Per Instruction Type	Comments
K - Shop/Teaching Kitchen	45	
L - Classroom	45	
-		
Enter Total Hours	90	

Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

Course Topics and Sequence Covered:

- Topic 1.0 Introduction to Hand & Nail Treatments
- Topic 2.0 Plan & Prepare for Treatment
- Topic 3.0 Consultation & Analysis of Hands and Nails
- Topic 4.0 Treatment Technique and Procedure
- Topic 5.0 Hand & Arm Massage
- Topic 5.0 Aftercare & Home Care Advice
- Topic 6.0 Promote suitable products and other services

VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at:

<http://www.vcc.ca/about-vcc/policies/index.cfm>

To find out how this course transfers, visit the BC Transfer Guide at www.bctransferguide.ca.

FOR COMMITTEE USE ONLY

Date Approved by Education Council:		Date Approved by VCC Board (if applicable):	
-------------------------------------	--	--	--