



COURSE OUTLINE

Please save a copy onto your computer before filling in the form

Course Name: Skin Treatment 1

Department Head/Coordinator: Julie Wright

Effective Date: September 2012

School or Centre:	Department:
School of Music and Dance	Hair Design and Esthetics

Course History:	Year of Study:
Replacement Course	1st Year Post-secondary

Name of Replacing Course (if applicable): ESTH 1160 Facials 1	Course Number: ESTH 1130
	Number of Credits: 3

Course Pre-requisites (if applicable):

Successful completion of ESTH 1100

Course Co-requisites (if applicable):

PLAR (Prior Learning Assessment & Recognition) No Yes (details below):

Course Description:

This course introduces students to improving and maintaining facial skin conditions with a focus on skin cleansing & analyzing, skin exfoliation, steaming, comedone extraction, facial massage, mask treatments and the use of facial products. This course also includes product knowledge and prescription home care.

Note to instructors: An instructional strategy is an approach that an instructor uses to achieve the learning outcomes (e.g., lecture, case study, video, group work).

Instructional Strategies:

Instructional strategies include lecture, demonstration, video presentation, assignments, practical work, group work, individual work and theoretical assessments.

Course Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Perform facial skin care treatments
- Prepare themselves, the client and the work area for treatment
- Apply consultation techniques to identify treatment objectives
- Perform a skin analysis
- Apply products, tools and equipment to suit client treatment needs, skin types and conditions
- Provide clear recommendations to the client

Program Learning Outcomes:

Upon successful completion of the Skin and Body Therapy (Esthetics) Certificate students will be able to:

- Practice skin and body therapies in accordance with safety, hygiene, and sanitation standards and regulations.
- Describe human anatomy, physiology and chemical composition specific to concerns relating to nail, skin, body, and hair removal treatments.
- Perform spa treatments based on client consultation, skin analysis and nutritional needs.
- Apply the principles of colour and design to lash, brow and specialized makeup techniques.
- Perform in an ethical and professional manner conducive to spa environments.

Evaluation/Grading System *(Click on drop down box arrows to see list of options)*

Grading System	Specify if 'Other':	Specify Passing Grade:
Letter Grades		C

Components and Weighting of the Assessment/Evaluation Plan: *(Click on drop down box arrows to see list of options)*

Type	Percentage	Evaluation Plan (provide a brief explanation for each component especially if value exceeds 35%):
Assignments	25	
Exam	25	
Lab Work	30	
Participation	20	
-		
	Total	100

Learning Environment/Type *(Select all that are used within the course)*

Instruction Type	Hours Per Instruction Type	Comments
K - Shop/Teaching Kitchen	45	
K - Shop/Teaching Kitchen	45	
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Enter Total Hours	90	

Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

Course Topics and Sequence Covered:

- Topic 1.0 Introduction to Skin Treatments
- Topic 2.0 Plan & Prepare for Treatment
- Topic 3.0 Consultation & Skin Analysis
- Topic 4.0 Treatment Technique and Procedure
- Topic 5.0 Facial Massage
- Topic 5.0 Aftercare & Home Care Advice
- Topic 6.0 Promote suitable products and other services

VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at:

<http://www.vcc.ca/about-vcc/policies/index.cfm>

To find out how this course transfers, visit the BC Transfer Guide at www.bctransferguide.ca.

FOR COMMITTEE USE ONLY

Date Approved by Education Council:		Date Approved by VCC Board (if applicable):	
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